

September

Hunger Action Month

#HungerActionMonth
@KyFoodBanks
@KyKidsEat
@feedingamerica



2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Things you can do all month long:</p> <ol style="list-style-type: none"> Turn your social media profile photo(s) orange. Follow us on Facebook and Twitter, tag us when you take any actions on the calendar, and use hashtags. 						
					1	2
					Write "On an empty stomach, I can't __," on a paper plate and fill in the blank. Take a "plate selfie" and post it on social media.	Watch Feeding America's Hunger Action Month video and share it to raise awareness about hunger in America!
3	4	5	6	7	8	9
Join Freestore Foodbank's Rubber Duck Regatta and buy a duck to feed a child.	Labor Day Try to eat for a week on a SNAP budget and share your experience with us. Don't forget about Farmers' Markets!	It's International Charity Day! Host a food drive in your town and donate the food to your local food bank!	Watch God's Pantry Food Bank's Hunger in Central & Eastern Kentucky and share on social media.	Use the SNAP Map tool to find out the SNAP participation rates in your area.	Become an advocate and find out how you can take action against hunger!	Read Maddi's Fridge, by Lois Brandt at your local library or at home with your kids to teach them about hunger.
10	11	12	13	14	15	16
Check out these useful links to learn more about hunger in the US.	Patriot Day Grandparent's Day Read about senior hunger on the State of Senior Hunger report .	Become a Hero for the Hungry and make a donation to fight against hunger!	Join Feeding America, KY's Heartland's Day of Service in Elizabethtown	Hunger Action Day! Join Secretary of State Grimes at the State Capitol at 2:00 for the Commonwealth Bowl!	Learn more about hunger in Kentucky and share some facts with your friends and family.	Host a House Party to celebrate the last weekend of summer & take up a collection for your local food pantry.
17	18	19	20	21	22	23
Check out our seven member foodbanks and donate to the food bank that serves your area.	Volunteer at your local Food Bank!	Find out how you can engage your community and elected officials in the fight against hunger!	Watch this Real Story of Hunger and see how food banks help reduce hunger in the U.S.A.	Hunger is in every US county. See the data for your county at Map the Meal Gap .	Autumnal Equinox! Make a recipe with orange fall produce! Maybe sweet potatoes or a winter squash?	Donate to a pantry of your choice as part of the Red Basket project!
24	25	26	27	28	29	30
Set up a lemonade stand and raise money for your local food bank! Add a drop of orange food dye to the drinks!	Try a new piece of orange produce! Maybe an Ugli fruit, a persimmon, acorn squash, or papaya?	Hunting and Fishing Day! Encourage a huntsman you know to donate excess game to Hunters for the Hungry!	Watch University of Kentucky's video on food insecurity and share on social media.	Contact the Kentucky Hunger Initiative and see how you can get involved.	Donate the cost of a cup of coffee to a food bank in your area.	Join the Hunger Dialogue today at Berea College!